Life Skills II Ritter

E-day lesson 1

On your day off, plan a microwave meal that you can cook for your family for supper tonight. Make sure your meal has 3 different dishes, a protein/meat, a vegetable, and a dessert. You will need to write down the three different dishes, take pictures of your meal, and then write a paragraph about your meal. Be sure to turn all this in within 2 weeks of the e-day.